

You can be who you want to be!

The Crystal Experience – take a journey and change your life for the better!

Our 2 day courses will teach you how to tap into your inner strengths and become who you really are.

Using the well known Silva Method, Tracey will teach you how to unlock your full potential and give you the confidence to live the life you deserve. Our courses take place at Crystal Beauty in small relaxed groups.

Testimonials:

AP: *“After the last 48 hours I can’t believe the experiences I have had, now I believe what is ahead will only get better.”*

AS: *“I’ve cried tears of joy and felt things I could never imagine. I see life so differently and what a true gift it is. I no longer feel alone and my faith in this life has been completely transformed. This is something I shall never forget and thank Tracey so much for using her gift and compassion to help others like me see the joy of life. I hope more and more people come to experience this, thank you.”*

Take the first step today, book your place on **The Crystal Experience** - pop in or call us on 01327 877929.

Sunday 18th & Monday 19th January

Sunday 25th & Monday 26th January

Courses are for 2 days and cost £160pp. Each day starts at 9am and finishes at 5pm (no later than 6pm)

Venue:

 **Crystal Beauty**

11-13 Sheaf St, Daventry NN11 4AA

Positive Thinking • Motivation • Achieve More